



MENU WEEK 1

Monday

Lunch

Tomato and Hidden Vegetable Pasta

pudding

Banana and Custard

Afternoon Snack

Crumpets and Pancakes with Melon

Lunch

Chicken Supreme with Boiled Rice and Vegetables

pudding

Fromage Frais

Afternoon Snack

Tomato Soup and Bread Roll

Lunch

Sausage Vegetable and Mixed Bean Casserole

pudding

Ice Cream Cornet

Afternoon Snack

Pitta, Selection of dips and Vegetables

Lunch

Beef and Vegetable Bolognese with Spaghetti

pudding

Fruit Jelly

Afternoon Snack

Assorted Sandwiches

Lunch

Fisherman's Pie with Parsley Sauce

pudding

Fromage Frais

Afternoon Snack

Cheese, Crackers, Bread Sticks,
Homous and Cherry Tomatoes

Tuesday



MENU WEEK 2

Lunch

Salmon and Broccoli Macaroni Cheese

pudding

Strawberry Whip

Afternoon Snack

Jacket Potato with Baked Beans

Lunch

Fish Fingers with Boiled Potatoes,
Sweetcorn and Parsley Sauce

pudding

Fromage Frais

Afternoon Snack

Assorted Sandwiches

Lunch

Beef and Mixed Bean Chilli with Boiled Rice

pudding

Fruit Jelly

Afternoon Snack

Spaghetti on Toast

Lunch

Red Lentil and Hidden Vegetable Curry with Rice

pudding

Fromage Frais

Afternoon Snack

Cheese, Crackers, Bread Sticks,
Homous and Cherry Tomatoes

Lunch

Chicken and Ratatouille Penne Pasta

pudding

Cake and Custard

Afternoon Snack

Selection of Sandwiches

Wednesday



MENU WEEK 3

Lunch

Fishcakes with Potatoes and Baked Beans

pudding

Fromage Frais

Afternoon Snack

Cheese on Toast with Melon

Lunch

Tomato and Hidden Vegetable Pasta

pudding

Butterscotch Whip

Afternoon Snack

Pitta, Selection of dips and Vegetables

Lunch

Chicken and Tomato Risotto

pudding

Fromage Frais

Afternoon Snack

Selection of Sandwiches

Lunch

Sausage with Colcannon Mashed Potato & Gravy

pudding

Banana and Custard

Afternoon Snack

Tomato Soup and Bread Roll

Lunch

Corned Beef Hash with Baked Beans

pudding

Fruit Jelly

Afternoon Snack

Cheese and Tomato Pizza with Cucumber

Thursday

Friday